

Parenting Strategies that Work

Soul Shoppe 3-part Skill-Building Class

Parenting can be hard. Whether you have plenty of tools in your parenting tool box or are in need of gaining a few new ones, this class is for you!

By joining us for these 3 sessions, you will receive:

- ✧• Tools for loving and effective communication
- ✧• Tips for building emotional understanding and for creating lasting connections
- ✧• Steps to create the character traits we want for our kids
- ✧• Skills for handling conflict, setting limits and holding boundaries



Over the years Soul Shoppe has worked with tens of thousands of students and through those years parents have urged us to provide tips and tools they could use at home – this class is our answer to that request. As a Soul Shoppe Facilitator, Trained Parent Educator and parent herself, Amy MacClain is bringing her experience, skills and knowledge to a 3-part class for parents.



Cost: \$75/per person, \$105/per couple. Includes all 3 classes. Register in office.

Class times: 6:00-8:45 pm

Class dates: Tuesday Eves

Feb 23 @ Quail Run Elementary

Mar 2 @ Quail Run Elementary

Mar 9 @ Live Oak Elementary